To: All Oregon FSA Personnel

From: Alvin Hobart, State Director

Subject: A Guide Listing Voluntary and State Agencies in the Related Health Field

In our efforts to assist FSA families in planning to form and develop good health practices, some of us have passed by these health problems as being too difficult or as being outside our field of activities. Most of you have found from your family appraisals that the various health factors were a major problem with a large percentage of the families. I trust this guide will assist you in making plans for solving these health problems.

This guide is intended to:

- (1) Indicate action through existing agencies to obtain services at little or no cost to the family.
- (2) List these health agencies and explain the specific services available through them to help you in your planning with the families.
- (3) Permit you to become well informed in all phases of the health service program, and recognized as a leader in your area in the overall health service field.

It is gratifying to note that many of you have already acquainted yourself with the offices and personnel of the local public health and welfare agencies, also that you are utilizing these health resources for the families.

I hope that all of you will make good use of this guide and that it will result in greater service by FSA to rural families and communities. In making practical use of this guide you will want to add from time to time any other available health services.

alvin Hobart

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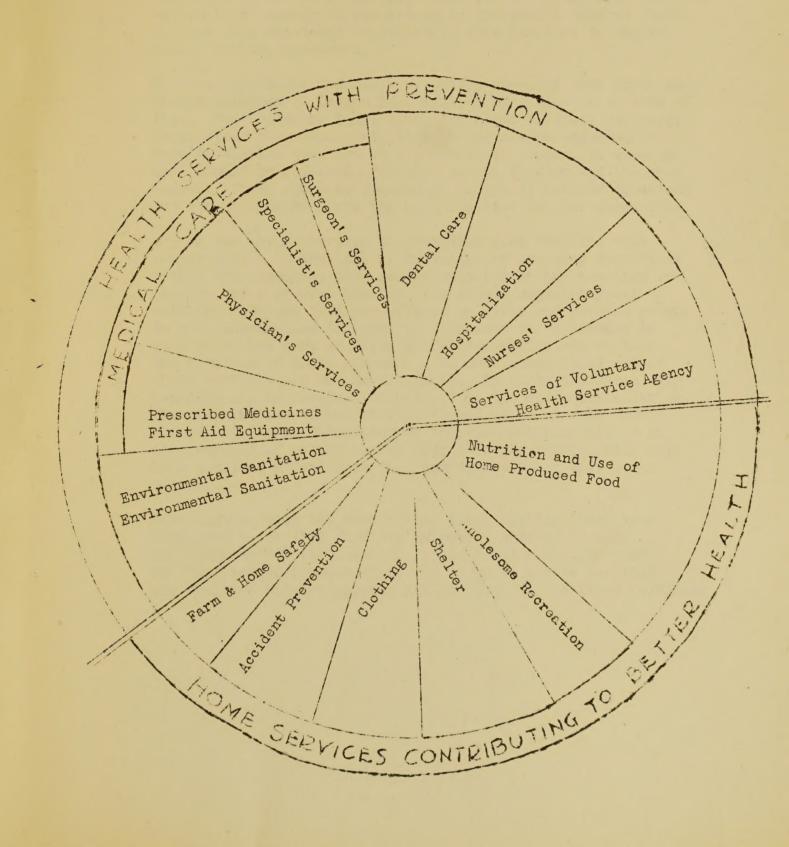
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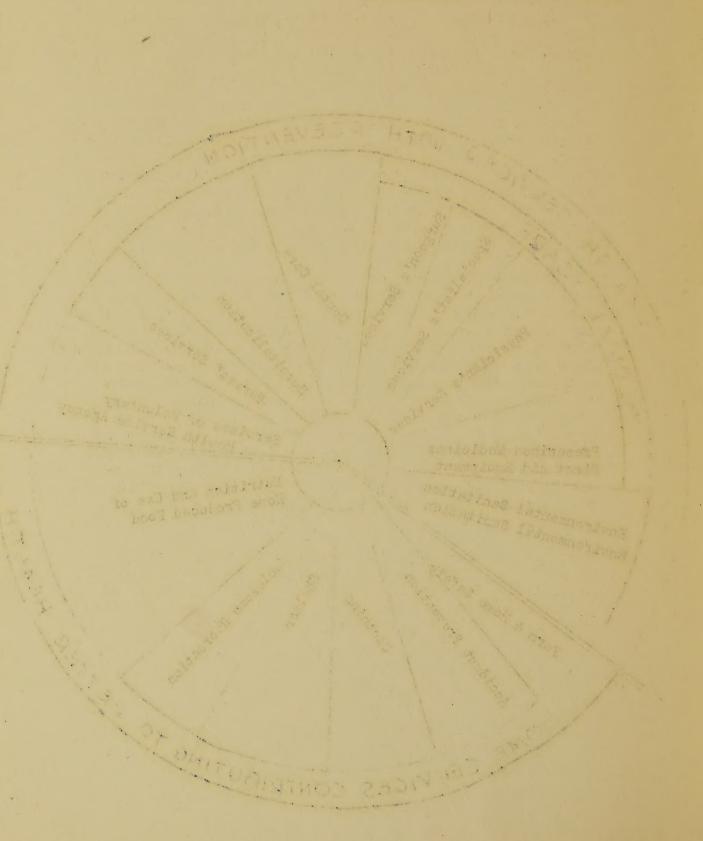
FARM SECURITY ADMINISTRATION HEALTH PROGRAM

Plans are made with farm families on a continuing basis and provide guidance on all phases of farm and home management. In discussing the health needs of the family the following items are given consideration.



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THE PLACE OF VOLUNTARY AGENCIES IN THE FARM SECURITY ADMINISTRATION HEALTH SERVICE PROGRAM

Mr. Hudgens, Associate Administrator, stated "It is the responsibility of every FSA field employee to be the best informed agricultural leader in his county in the health service field. Utilize this knowledge in assisting farm families to secure better health services".

We have many state and other voluntary agencies that offer many health services to Oregon FSA families at little or no cost to them. The following pages gives the names of these agencies, their state representative, state headquarters address, the type of service they are in a position to render, to whom the case should be referred, the cost of the service and the area served. These agencies operate on public or private donations and are willing to serve the farm families in your community.

One of the chief barriers to providing farm families with better health is the lack of knowledge of existing facilities within the community that can be utilized by the families to improve their general health. You should acquaint yourself with the services that are offered by civic and private groups in your communities in order to stimulate the borrowers to take an active part in these health activities and utilize the services of these agencies. In some communities all of these services may not be available. In those instances many benefits can be received directly from the state organization. The distribution of health educational material will assist you materially in developing an interest and recognition by the families of better health practices and consequently will have a marked effect upon the communities which they are a part of.

Our contacts with the head of the state organizations have indicated to us that they are extremely anxious to make available to FSA families the services which are provided by their respective agencies. It is up to you to see that our families have an opportunity to properly use these services.

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THE ADMINISTRATIVE AND FUNCTIONAL ORGANIZATION
OF THE OREGON STATE DEPARTMENT OF HEALTH
Dr. Harold M. Erickson, M. D., Director
Behnke-Walker Building
1022 S. W. Eleventh
Portland, Oregon

STATE BOARD OF HEALTH

The State Board of Health shall have supervision of all matters relating to the preservation of life and health of the people of the State. The Board shall have supreme authority in the matters of quarantine; may declare and enforce it when none exists; may modify, relax or abolish it when it has been established. It may also make and enforce orders in local matters when, in the opinion of the State Board of Health, an emergency exists and the local Board of Health has neglected or refused to act with sufficient promptness or efficiency, or when no such local Board has been established; and all expenses so incurred shall be paid by the county, which services are rendered out of the general fund of said county.

STATE DEPARTMENT OF HEALTH

The State Department of Health is responsible for carrying out the orders of the State Board of Health and
other responsibilities as delegated by the legislature
from time to time. A majority of the activities of the
State Health Department are chiefly advisory and
supervisory to local county and city health departments.

Services: The following are basic health Divisions for the State of Oregon:

- A. The Division of County Health Units. This Division is in charge of the local county and city health departments assisting them in coordinating all Divisions of the State Health Department. This Division assists in supervising personnel and locating personnel for the local county health units and coordinates the activities of:
 - 1. Communicable Disease Control Division.
- 2. Maternal and Child Health Division.
 - 3. Division of Public Health Nursing.
 - 4. Division of Industrial Hygiene.
 - 5. Sanitary Engineering.
 - 6. Venereal Disease Control.
 - 7. Tuberculosis Control.
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- B. Division of Maternal and Child Health. This Division was established in 1936 for the purpose of developing an integrated state-wide program for the betterment of the health of mothers and children. They utilize funds for maternal and child health care which are provided by:
 - 1. The Children's Bureau of the U. S. Department of Labor.
- 2. Direct appropriations for maternal and child health by the Oregon State Legislature.
- Appropriations by counties, cities and school was a second school of Oregon.
 - Grants made directly to the State Board of Health for the defraying of oral health program.

Services: The activities of this Division are:

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- Problems relating to the health of mothers, infants, preschool children and school children.
 - 2. Provide preventive medical services and health education to above individuals.
- Acts in an advisory capacity in planning certain programs for corrective services to the medical needy.
- 4. Provides public health nursing program. It is hoped that ultimately there will be at least one full-time public health nurse for each Oregon county.
- 5. The oral health program provides dental health education under the direction of a full-time dental consultant. In each county a member of the local dental society is appointed to serve as chairman of the county dental committee to aid in planning and conducting local programs. No remedial dental services, however, are provided under this program.
 - 6. Hearing Conservation and Vision Program. These two programs have been inaugerated simultaneously for the conservation of hearing and vision among school children and to refer those found handicapped for competent medical attention. Those children found to be in need of corrective work and unable to pay for the service necessary are referred to the proper agencies for assistance.
 - 7. Health Education Program. The health education department under this Division is concerned with coordinating the work of all agencies in assisting the communities to determine their health

problems and facilitating available services for their solution. This work is carried on through mass adult education and through health education programs in the school systems. The health education department provides literature and suggestions for developing proper health education programs on the local level.

- 8. Handicapped Children's Program. Children registered as handicapped are under 21 years of age and are afflicted with one of the following handicaps:
 - a. Total or partial blindness.
 - b. Total or partial deafness.
 - c. Musculoskeletal defects.
 - d. Intellectual, nervous or mental handicaps.
 - e. Behavioristic handicaps.
 - f. Lowered vitality through chronic disease.

They are referred to the public health nurse to the proper agency for assistance.

- C. Division of Public Health Nursing. This section offers consultation and advisory services to public health nurses carrying on preventive programs in local county and city health departments. The public health nurse offers a direct means of carrying preventive medical information from the health department to the home. This Section also has supervision of all public health nurses in the State Department of Health and assigns them to the various Sections and Divisions.
- D. Division of Industrial Hygiene. The activities of this Division consist of the preservation and maintenance of the health of the workers.
- Services: 1. The Division makes field studies of workroom environment, including special determinations of gases, fumes, dusts, toxic materials, temperature, humidity, air velocity, general ventilation, illumination, or any condition of manufacturing processes which are thought to be affecting the health of the workers.
 - 2. Occupational disease control which includes the evaluation and control of the various health hazards which may arise at industrial processes and the control of physical factors in the environment.
 - 3. The promotion of adequate medical and nursing services in industry.

- 4. The application to industry of public health preventive methods; the maintenance of health and the control of communicable disease including the phases of sanitation which apply to industrial health.
- Division of Tuberculosis Control. The primary object in creating this Division is to correlate, under official guidance, the control program of the various agencies engaged in tuberculosis work throughout the state. This correlation includes the establishment of an adequate system of registration of cases of tuberculosis, which will be of aid in public health appraisal of state-wide facilities and services. It also includes direct supervision, through supervisory nurses, of the nursing follow-up procedures carried out in the various counties.

As is true in any public health field, a large part of the program is designed to assist in and promote preventive medical practices; to find early cases and by proper follow-up procedures, prevent the development of advanced disease, which carries a high per cent mortality rate.

- F. Division of Venereal Disease Control. This program is developed in the interest of finding infectious cases of Venereal Disease and placing them under prompt and adequate treatment. A rapid treatment center is maintained in the Portland area. The Division also operates a central registry service to expedite case contacts received from all sources. All such cases are referred for treatment either to local or private physicians, in the case of the needy to the public health officer.
- G. Division of Sanitary Engineering. This Division's activities are confined largely with the improvement of man's environment for the purpose of preventing disease. In order to carry out its objectives, the following activities are under the direction of this Division:

Services:

- 1. Water Supply Sanitation.
- 2. Sewage and Waste Disposal.
- 3. Sanitation of Milk and Other Foods.
- 4. Swimming Pools.
- 5. Shellfish Sanitation.
- 6. Rural Sanitation Consultation with individuals and local health authorities relative to problems of private water supply, sewage disposal systems and other aspects of environmental sanitation.

- 7. An approval of sanitary facilities for all resident construction insured by the Federal Housing Administration.
- 8. Local sanitarians assist in making water inspection recommendations for improving water supplies, etc.

Referrals: To local County Health Department.

Cost: None.

Local Representative: Address: Telephone Number:

OREGON STATE DEPARTMENT OF PUBLIC WELFARE
Miss Loa Howard, Administrator
Dr. Leon Goldsmith, M. D.
Director of Medical Care
Spalding Building
319 S. W. Washington
Portland, Oregon

Miss Howard is responsible to the Oregon State Public Welfare Commission.

There is a Department of Public Welfare in every county in the state. The Department of Public Welfare is organized into the following divisions:

- Division of General Assistance. This Division provides to needy persons not otherwise provided for with food, clothing, shelter and such other items as are necessary to afford a reasonable subsistence. It also includes medical, surgical and hospital care and cost of burial for needy persons. No person shall be eligible for general assistance unless he has lived within the county for a period of one year and within the state for a period of three years. Limited exceptions are made for emergency cases of persons who have not lived within the county for a period of one year.
- 2. Division of Old Age Assistance. Old age assistance is provided under this Division to any person who has reached the age of 65 and has been a resident of the state one year immediately preceding the date of application. All assistance provided is on the basis of need, but in every case only to the extent that funds for such purpose are available. The Act provides for medical, hospital, drug and dental care. Also monthly allotment of money depending upon the actual need.
- Division for the Blind. Aid to the blind is given to any needy individual who is eligible for this service and whose vision is so defective as to prevent the performance of ordinary activities for which eyesight is essential as determined upon an examination by a licensed doctor in medicine and surgery in Oregon and one designated to make such examination. A needy blind person must be a resident of the state of Oregon for a period of five years during the nine years immediately preceding the filing of the application for assistance; the last year of which shall be continuous. The amount of assistance

any recipient receives is determined by the local County Public Welfare Department.

Aid to Dependent Children. Dependent children under the age of 16 who have been deprived of parental support or care and whose relatives are not able to provide adequate care and support of such child will receive money payments. The amount to be determined by the County Welfare Department. This Division provides for general welfare services to such homeless or dependent children and approves foster homes for such children. This division provides for licensing of child caring agencies and maternity homes, licensing of state aid institutions for venereally infected children. The amount of money for such child provides a maximum rate of \$20 for each child over five years of age and at the rate of \$25 per month for each child over five years of age. Exceptions to this amount is made in case of a child where special care is needed.

Referrals: All cases should be referred to the County Welfare Department.

Cost: None, if recipient is eligible for service.

Area: State wide.

Local Representative:
Address:
Telephone Number:

OREGON STATE DIVISION OF VOCATIONAL EDUCATION AND VOCATIONAL REHABILITATION C. F. Feike, State Supervisor Room 103, State Library Building Salem, Oregon

Services: I. Who is eligible for rehabilitation service? Any handicapped person of Oregon 16 years of age or over who upon investigation by a representative of the Rehabilitation Service is found to be eligible and feasible may be accepted by the Rehabilitation Service for counsel, guidance, training and placement in gainful employment.

II. Services Rendered:

- 1. Guidance. The Rehabilitation Service is prepared to advise and counsel handicapped persons in the selection of a suitable job.
- 2. Training. Suitable employment often requires preparation and training. The Rehabilitation Service is prepared to plan such training program, physical restoration included, by utilizing such existing educational facilities of the state as may be advisable and practicable.

The Rehabilitation Service will not be responsible for any training program which has not been planned and approved by the Rehabilitation Service of the State Division of Vocational Education.

- 3. Physical Restoration. This service includes advice and assistance in procuring adequate medical and surgical treatment and necessary hospitalization and therapeutic treatment.
- Prosthetic Appliances. The state and federal acts provide plans for procuring and furnishing artificial limbs and other appliances as a part of the plan for reinstating such physically handicapped person in a suitable job, when such appliances cannot otherwise be provided. No artificial appliance will be purchased from state and federal funds without the approval of the Rehabilitation Service. Such appliances include hearing aids, glasses and other needs for improving the functions of the handicapped person.
- 5. Therapy. Physical and occupational therapy and psychiatric treatment are made available as a part of medical treatment where needed.

- 6. Maintenance. Financial assistance is provided according to the need of the individual during training.
- 7. Placement. The Rehabilitation Service includes guidance, advice and assistance in securing suitable employment. Such placement in employment is a part of the Rehabilitation plan. Follow-up on performance in employment is given to afford adjustments that may be necessary, to provide further medical care if needed, to supplement training if desired.
- How to obtain service? Handicapped persons desiring Rehabilitation Service are advised to contact the nearest district office or address a letter to the Rehabilitation Service, State Division of Vocational Education, State Library Building, Salem, Oregon.

Write: For application form to state or district office.

District Office:

M. E. Coe, Rehabilitation Agent; Room 103, State Library Building, Salem, Oregon Albert H. Fitch, Rehabilitation Agent; Room 812, Corbett Building, Portland, Oregon Harry E. Palmer, Rehabilitation Agent; Room 812, Corbett Building, Portland, Oregon L. J. Eppenbaugh, Rehabilitation Agent, Room 337, Miner Building, Eugene, Oregon

Referrals: To the above office nearest your area.

. Cost: Based entirely on need.

OFFEGON STATE ANTI-TUBERCULOSIS ASSOCIATION
Mrs. Saidie Orr Dunbar, Executive Secretary
Woodlark Building, 813 S. W. Alder
Portland, Oregon

Service:

There is a tuberculosis association in each county in the state which has its own board of directors. The county units carry on their own respective programs. The association conducts health programs in the schools and of a general nature for the public. The associations conduct tuberculosis testing in the schools and follow up for positive reacters. Arrangements should be made through these associations for obtaining the state mobile x-ray unit. This x-raying is done in groups usually requiring a hundred persons for each group. Hospitalization of those having tuberculosis is arranged by the association with state and local sanitoria. The associations also assist in maintaining a rehabilitation service to enable those who have recovered from tuberculosis to secure training for suitable vocations. Local associations are available for conferences on all community health problems. They will provide speakers and appropriate films for any group meetings. They can provide you with a list of hospitals and county sanitoria.

Referrals: Contact local association leaders first. For any educational information write Executive Secretary.

Cost: None.

Area: State wide.

Local Representative: Address: Telephone Number:

OREGON STATE CANCER SOCIETY

Mrs. William T. Pultzer, State Commander

Miss Aileen Brong, Executive Secretary

Couch Building

Portland, Oregon

Services:

There is a county cancer organization in most of the counties in Oregon. The purpose of these chapters is to conduct an annual campaign of lay education of cancer control with special emphasis given to symptoms, diagnostic treatment and prevention of cancer. They will furnish pamphlets to you upon request. They supply films and speakers for meetings in the interest of cancer education and assist in obtaining the State Department of Health and the Department of Public Welfare. In many localities assistance is given to needy cancer patients and provide transportation funds to clinics (health) on cancer. Local funds determine the amount of services that can be rendered.

Referrals: The family physician should refer cases to local cancer organization.

Treatment: The Cancer Society does not pay for hospitalization or medical service however, they arrange for treatment of indigent patients through the Department of Public Welfare.

Cost: None as the services rendered are primarily educational.

Area: State wide as information is not available locally.
Write to State Executive Secretary.

Local Representative:
Address:
Telephone Number:

NATIONAL FOUNDATION OF INFANTILE PARALYSIS Eugene W. Hall, Supervisor Park Building, 729 S. W. Alder Portland, Oregon

Services:

There is a chapter in every county in the state operating a polio program. The county chapter renders aid to needy Infantile Paralysis sufferers, irrespective of age, race or creed. They pay all or any part of hospital costs, salaries of special and general nurses and physical therapy, pay professional workers for the care of the patient, provide treatment and fee for medical care including diagnosis and consultations, Medical and surgical treatment, laboratory services, supply educational literature other materials for local groups, provide scholarships for training for physical therapy encouraging young men and women to enter this field. Render aid in time of epidemic.

Referrals:

Should there be any person recently stricken with polio or a person stricken in former years, such individual, if in need of assistance, should contact the local county chairman.

Area:

State wide. Services rendered through local chapter.

Local Representative: Address: Telephone Number:

OREGON STATE MENTAL HYGIENE SOCIETY
Miss June Joslyn, Executive Secretary
318 Platt Building
Portland, Oregon

Services:

The Oregon Society for Mental Hygiene is a state wide organization composed of people in every community who are actively interested in the prevention and treatment of mental illnesses. The purpose of the society is educational. It accomplishes this by institutes, lectures, and distribution of pamphlet material. The organization does not offer treatment services but provides information about proper private and public facilities in this field. It acts as a clearing house and coordinator for mental hygiene in other community agencies and civic groups.

The society's expanded program of education and coordination is designed to understand and meet the emotional as well as the mental needs of rejected servicees and veterans. Continued efforts are also being made to improve facilities for care and treatment of mental disorders and defects in the state and county hospitals and institutions.

Referrals: Request for educational material or questions regarding mental hygiene problems can be directed to the state office.

Cost: None:

Area: State wide. There is a county unit being planned for each county in the state. Baker County has a full time unit organized.

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AMERICAN RED CROSS
Mrs. Geneva Pecore, R.N., Director
1506 S. W. Alder
Portland, Oregon

Service:

Provides disaster relief and emergency financial assistance to servicemen, disabled ex-servicemen and their dependents, able-bodied ex-servicemen during the period of adjustment to civilian life pending receipt of government benefits. Assists with applications for dependency allowances and offers claims service, including assistance with death benefits; secures information for emergency furloughs and discharges; provides liaison communication between servicemen and their families. Offers training in nutrition, home nursing, first aid, water safety, and home and farm accident prevention under specially qualified instructors.

Write:

Chapter Chairman or Executive Secretary of local chapter:

Referral: Particular problems should be clearly stated.

Cost: None.

Area:

Each county has its own Red Cross Chapter. In a few counties there are more chapters. Some chapters also have branches.

Local Representative:
Address:
Telephone Number:

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OREGON STATE DAIRY COUNCIL
Mrs. Ada Mayne, Director
1005 Terminal Sales Building
Portland 5, Oregon

Services:

The Dairy Council is the educational organization of the dairy industry. Its purpose is to supply authentic information of dairy products as they relate to adequate nutrition. Dairy Council materials are produced with the assistance of authorities in professional and educational fields with special effort to present the findings of nutrition research in a simple direct and attractive manner.

Educational Dairy Council material available to Farm Security Administration:

Family Meals

A Guide to Good Bating (4" x 6")

* Breakfast Card

* Packed Lunch Card

* Dinner Card

* Good Meals for Girls and Boys Good Eating (recipes and menus) Hungrytime Outdoors Your Guide and How to Use it

Child Care

Stork Sense (prenatal care)
Baby Care Digest
Questions and Answers About Your Young Child
Food and Care (4" x 6")
Food for Young Children
Do Your Children Get Enough Sleep?
Do Your Children Have a Healthful Day?

* Available only from Oregon State Dairy Council

Personal Development and Physical Fitness

Fit for Fun (teen-age girls)
Straight from the Sholder (teen-age boys)
Postures on Parade
Weight Tag (for children)
Don't Be Your Age (for adults)
Down the Scale (weight control for adult women)
Out for Lunch

Referrals: Material can be obtained from the state headquarters.

Cost: None.

Area: All FSA County Offices can obtain this material.

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1005 Terminal Sales Bullding
Forbland 5, Oregon

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Family Meals

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 - Broadlast Card
 - * Parked Lunch Card
 - a Dinner Card
- * Good Meels for Girls and Boys Good Eating (recipes and seems) Hungrytime Outdoors Your Guide and How to Use at

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Stork Sease (prenctal care)
Easy Care Digost
Cuestions and Answers About Your Young Child
Food and Care (Lf x 60)
Food for Young Children
Do Your Children Get Resign Sleep?
Do Your Children Have a Resithful Day?

W Available only from Oregon State Dairy Council

Personal Development and Physical Fitness

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